Complementary Alternative Medicine

Integrative Oncology
A Biological Cancer Therapy or a modern Integrative Cancer Approach that may target cancer cells with efficiency and with minimum toxicity remains an important challenge over conventional therapy, which focuses only on the destruction of cancer cells through non-selective toxic agents.

Many new lines of research now demonstrate that cancer should be approached from as many directions as possible in order to be more efficient and to treat the disease as a “whole,” meaning the patient remain the definite goal as “Healing Art.”

Conventional medicine and Oncology, despite progress and their best modern cancer centers in the World have failed to meet the expectations to cure cancer. As a result, patients today are just “bombing” with heavy antineoplastic agents called “protocol” that may include dangerous drugs or radiation therapy, which often drive the patient to a dead-end street. And overall, no significant results have been shown in the past 35 years. Not to mention the considerable financial cost, pains and distress patients suffer,
while at the end an increasing median-survival rate of only 10 to 16 months, but no cure.

**Standard Therapies are not very effective**

- Recurrence is too high
- Therapy is very toxic
- Surgery itself distributes cancer cells into the lymphatic system or into the blood stream.

**Oncological surgical procedure**

Recurrence rate from surgery ranges from 30% to even 50%.

*For breast cancer, no matter the amount of drugs and surgery the patient is subject to a 70% recurrence within 2 years.*

Treating cancer patients not only requires different types of complementary approaches, but above all, personal experimentation, since the results and knowledge remain quite important. Many patients are too confident about conventional treatment and are seeking miraculous medical drugs. Unfortunately, there are just no “miracle drugs.”

We may also say that CAM does not offer miraculous “unique” drugs, but rather, an efficient combination therapy that may include a special agent that alone has demonstrated efficient in inhibiting and/or destroying cancer cells. A whole combination that targets cancer from several directions always offers better results.
This is why Dr. Serge Jurasunas became a specialist in treating cancer. The considerable results obtained over the years, even with advanced cancer speak for themselves. Many patients so far continue to enjoy 10 to 25 years of recurrence-free cancer with a good, healthy life.

This includes many types of cancer, such as: breast, uterine, colon, lymphoma, multiple myeloma, and pancreatic cancer, as well as others.

**Serge Jurasunas’ experience in cancer**

It takes roughly three decades for you to really understand cancer and how to successfully treat cancer patients. For this reason, after over 35 years of working with cancer, Serge Jurasunas has accumulated considerable experience and gained an international reputation in treating patients with integrative therapies that include the body, mind and spirit.

For years, Serge Jurasunas has formed an image of an innovative doctor, introducing from time-to-time new methods and developments of biological medication, as one example, the famous Biorejan.

But after so many years of practice, experimentation and results, he developed what is called the:

**Serge Jurasunas clinical treatment strategy**

**to treat cancer.**

This clinical strategy is built on experience and over the years testing new compounds or natural medication, such as Ukrain, a potent natural
chemotherapeutic agent that has saved the lives of many cancer patients or increased median life survival in advanced cancer cases.

In fact, the reputation of Dr. Serge Jurasunas is not new, since, in 1999 he was visited by a doctor attached to the National Foundation for Alternative Medicine, (USA) who was researching doctors and the European Clinic of CAM in search of the best methods and results obtained from cancer. The NFAM works closely with Columbia University and the National Cancer Institute to collect what is considered as “cancer best series cases” which are studied at Columbia University before being presented at the NCI (USA).

Actually, Dr. Michael A. Gnatt M.D., who visited Holiterapias and Dr. Serge Jurasunas wrote the following:

“I must say I was extremely impressed by your novel approach and extensive experience in treating cancer. Based on your impressive results we are extremely interested in meeting with you again as soon as possible.”

No better words and proof are necessary to underline the experience of Dr. Serge Jurasunas in the treatment of cancer and treating cancer patients.

During the past three decades over 30,000 cancer patients have been treated at Holiterapias, mostly native of Portugal, but also many patients from France, Ireland, Denmark, Italy, Spain, and Switzerland. Also, counseling and consultations by phone and email with patients from USA, Canada, and Russia.
Among many publications, two articles by Dr. Serge Jurasunas have been published respectively in 2007 and 2008 in the US magazine “Townsend Letter” of August/September.

1. A new combination therapy as support to Conventional Treatment.
2. The effectiveness of a combination therapy in an advanced uterine cancer with neoplastic infiltrative lesions.

The two articles reveal how a good combination treatment can treat cancer with efficiency and high quality of life; www.sergejurasunas.com or http://www.townsendletter.com

A list of the alternative complementary methods used at Holiterapias.

These are about some of the most complete systems being used anywhere in the World, including exclusive therapies together with a large knowledge of how to handle the disease and the patient:

- Immune-enhancement
- Antioxidant therapy
- Intra-intestinal improvement
- Mitochondria medicine to restore the respiratory chain and increase ATP energy stimulation
- Stem cell therapy
- Angiogenic therapy
- DNA/RNA therapy
- Enzymotherapy
- Orthomolecular medicine
- Anti-food cancer therapy
- Detoxification
- Embryonic therapy
- Liver regeneration
- Growth factor therapy
- Restoration of P53 apoptosis pathway
- Anti-bacterial therapy
- Oxygen therapy
- Psychotherapy
- Natural selective chemotherapeutic treatment

**Natural selective chemotherapeutic agent**

*Ukrain is one of our main approaches to treat cancer because it is at the same time made from an herb “Greater Celandine” (Chelidonium majus L) that contains alkaloids, such as chelidonine, which have anticancer potential, being cytotoxic to cancer cells without being toxic to normal cells. Ukrain can cause the full regression of the main tumor and also of metastases. We have been using Ukrain for many years now but we feel that a combination therapy using Ukrain is much more efficient especially in the case of advanced cancer. We may obtain considerable results in as short of time as 3 months, decreasing tumor size, elimination of metastasis and decrease of antigen tumor marker. Results include cancers such as colon, uterine, breast, and pancreas.*
Some exclusive treatments

Biorejan – a mixture of stem cells in frozen liquid vial for oral intake.

Enzyme Yeast Cell Preparation – to stimulate mitochondria function, activate ATP and overall regenerate the whole body.

Anoxe – A new antioxidant compound that may not only reduce oxidative stress, but also target cancer cells such as increasing pro-apoptotic protein and to inhibit inflammatory mediators.

Liquid Cartilage Extract (from shark) in frozen liquid vial of 30ml for oral intake. It has strong anti-angiogenic properties to reduce tumor growth.

Immunity – A mixture of molecules from embryonic cell organs, such as Thymus, Spleen, Mesenchyme, Liver in frozen liquid vial for oral intake which boost the immune defense.

Biobran is an Arabinoxylan Compound (RBAC) extract derived from rice bran with immunomodulatory properties. It strongly activates NK cells as well as T-cells, B-cells and dendritic cells as tested at the Laboratory of Tumor Immunology, Cancer Research Institute, Slovak Academy of Sciences. During chemotherapy, Biobran restores NK cell activity and works in synergy to destroy more quickly the cancer cells with less adverse effects as well requiring fewer treatments, yet having same results.
Clinical study shown a significant synergism of a Biological Response Modifier (RBAC) with chemotherapeutic agents with a 63% increase of the response in decreasing tumor size compared only to chemotherapy alone with control.
F. Advanced uterine cancer with neoplastic infiltration. Tumor of 6cm wide and several large adenopathies of 2cm localize to the iliac territory, ganglions and peritoneal areas as shown by the RMI. Chemotherapy with strong adverse effects. Poor physical and psychological condition.

After 4 months with our combination therapy a new scan shown a complete therapeutic response with a total regression of the large tumor. Complete regression of all the adenopathies.

X ray of the spine

After 3 months of combined therapy + chemotherapy.

Total elimination of the very large lesions in the illium and spine.
**Patient – Male 57 years.**

Advanced inoperable tumor of the left lung (3cm size)  
Stage III – A (T2-M1-N1)

Taking 2/3 of the superior fold of the lung with hemmorrhage of the pleura.  
Abdominal adenopathies.

3 months of combined chemo-regimen, Biobran, Anoxe, LCE, the tumor is totally eliminated, the same for the abdominal adenopathies.

**Old Case**  
**Breast cancer survivor**

1994 – Age 36 years.  
Bad prognostic of 18 ganglions with metastasis – Liver and bone metastasis

June 2008 – 50 years  
Participating as witness support in our meeting group of psychological support of cancer patients
Pancreatic Cancer Survivor

Female 52 years (pharmacist)

Clinical story: February 2005 diagnosed with Pancreatic cancer with abdominal large metastasis, multiple liver metastasis.

The patient is a woman highly educated with a balanced and positive mind and under chemotherapy and follow our protocol including Biobran, Anoxe. The patient is free from adverse side effects, in good physical condition and enjoy her life. New scan done in April 2008 shown total elimination of the abdominal and liver metastasis and reduced pancreatic tumor.

June 2008 – New PET examination shown a remission of the pancreatic cancer and no trace of malignancy.

Holiterapias Institute

Holiterapias is an ambulatory clinic where the patient may stay at a nice and/or 5-star hotel located in a periphery of a 5-to-15 minute walk to the clinic. They enjoy better comfort and privacy, but receive the best care possible from our medical team and nurses. They can be visited at their hotel room and receive injections according to their health condition. Fresh organic vegetables and fruit juices are provided, which the patient can drink while receiving treatment at Holiterapias, but also in his room during the night.

Arrival at Holiterapias
The patient fills out a questionnaire with his or her civil status, age, birth, date and questions pertaining to his or her health condition, family health status, life style, food habits, present condition, hospital treatment and so forth… that provides important information about the reason of the disease.

After the questionnaire has been filled, the patient begins by doing some primary tests to reveal information on the general health condition, including oxidative stress status. Other assessments are done after the patient has had consultation in the doctor’s office and he has been introduced with the clinical story of the patient’s disease and based on the primary tests done beforehand.

1 – High Resolution Blood Morphology Test
2 – Iris diagnosis

During the consultation

The conversation, report from hospitals, check-up, conventional treatment and results of all the diagnoses and biological assessment provide the necessary information that lead to a build-up of a personal treatment for the patient.

A regular protocol can combine a number of medications that are able to enhance the immune system, increase the resistance, detoxify and to target cancer cells in as many directions as possible. Indeed, in many cases we can control solid tumors, metastasis and decrease antigen tumor markers without conventional therapy. However, this is only in special occasions, but it may demonstrate the efficiency of our combined treatment.
How the treatment is presented

The program is built with details of how to take your daily medication at specific hours, either oral or injectable and include special treatments such as:

- Ukrain – i.m., i.v. or in perfusion
- Enzymotherapy to restore the liver function or blockage of important enzymes – i.m.
- Embryonic frozen cells – i.m.
- Stem cells – i.m.

Internal Treatment

- Detox programs include daily foot bath with special digital apparatus that permit to eliminate large quantity of toxins.
- Oxygen and ozone therapy.
- Inhalation of specific substances, such in the case of lung cancer, not only to improve respiration, but to directly destroy cancer cells.
- Acupuncture to relieve nerve tension, increase energy level and in many cases relieve pains caused by metastasis invasion.

Improvement of the patient’s condition
Some tests may monitor step-by-step the improvement of the patient, which may occur in a relative short time as one week, but occasionally more time is necessary.

Biological Growth Factor can really boost the energy level of the patient in a matter of few days and, if we can say “put him back on his feet.” Our objective is to regenerate the physical and psychological condition of the patient in order for the body to fight the disease better. The tumor itself cannot be the only target of the disease, since cancer patients have damaging intestine and bad liver function, and so, two essential organs linked with our health status and recovery from disease. We have to point out that the Central Nervous System (CNS) in an adult person is still involved in an inductional control and thus responsible for the “steady-state” control, not only for all the organs in our body, but the genome itself include mitochondria.

This is why cancer patients who are depressed and weak need specific care and we have observed that the regeneration of the intestine, liver and of the nervous system may be much more helpful in a way to have a quicker and better result when attacking the cancer. Chemotherapy itself is damaging to the GUT System and liver, but mostly neglected by conventional medicine.

**Results**

We obtain very good results with our patients even though treatment may take as long as 3 years before total remission. Other patients are in remission after one year and advanced cases take longer, but enjoy a 75%
positive result. Remember that remission or even long term remission may never be a cure since recurrence can suddenly appear even after 20 years or more. However, new data now focus on some “Healthy Style” program designed for cancer survivors to prevent recurrences.

Under treatments, foreign patients return regularly for check-ups and whatever they need to support chemotherapy/radiation to increase its effectiveness with less toxic effects. After remission, cancer patients usually come several times per year to have a full check-up and take some functional food antioxidants or other natural medications.

Hospital check-ups do not have methods to prevent recurrences or to check on eventual situations leading to a recurrence, but only to say the situation is normal or that you have a recurrence and need more chemotherapy.

The so called complete remission (C.R.) is often limited to 3 months or one year before a new unexpected recurrence, which is not medically speaking tolerable.

Patients from abroad usually come back every 3 months during a year and afterwards with longer durations, but we always keep in touch with good contact and advice.

**Biological Alternative Assessment**

**The cornerstone of our diagnosis**
High Resolution Blood Morphology Test

Observation of a drop of live blood under a special multiphase high definition camera microscope (40 x 15000) that monitor oxidative stress on red cells and offers over 36 valuable information on the health status of the patient. This observation may provide information unknown to conventional medicine. Dr. Serge Jurasunas is one of the leading World specialists in this special medical microscopy system linking with not only hematology, but immunology and molecular biology. He has spent around 28 years observing the blood of thousands of cancer patients. This observation (during, after, or without chemotherapy) may offer an indication about the efficiency of the treatment or indicate worsening of the disease.

Infrared Imaging Thermography System

This is a thermo-visual method that permits to screen any focal inflammation including the vascularisation that tumors build in order to expand. The target of thermo-visual screening examination is the primary detection of cancer, but also formation of risk in certain patients. With inflammation on a specific tissue or organ and the temperature we can make a diagnosis or prognosis of, for example, an eventual recurrence, which is not detectable by a normal hospital check-up.
Thermo-visual screening may also indicate metastasis invasion during chemotherapy such in the case of lung cancer, and therefore allow for a tailored treatment.

**Other alternative diagnosis**

The electromagnetic field computerized VEGA device to monitor the complete biological function of the organs of our body meaning physical and psychological energy field. Unusual factors linked with environmental pollution, heavy metals are indicated by the device if the body is unable to detoxify.

**Iris diagnosis**
This is the most important approach that through the observation of the iris using a video-microscopy system it enables us to visualize the body’s total condition based on our genetic status. All the organs of our body are located into a specific zone of the iris which reproduces an anatomic chart. Most of our inherent weaknesses, inflammatory process, organic dysfunction, genetic status and risk of certain disease may be observed in the iris, including cancer. Therefore, iridology is important in determining the organic factors or hereditary condition linked with cancer and allows a better understanding of the disease, the patient and to tailoring the best treatment.

Serge Jurasunas is a pioneer in the science of iridology and has become a well known specialist with 40 years of practicing iris diagnosis on patients. While hospital check-ups remain important to underline the local disease, conventional diagnoses do not explain the reason of the disease; nor take attention to the general condition of the patient, or to prevent from a disease. For this reason, recurrence in cancer remains very high since medical check-ups do not prevent from tumor’s reactivation, but only to diagnose a recurrence.

**Free Oxygen Radical Monitor (FORM)**

This is a system that may in a matter of 10 minutes monitor the oxidative stress status by taking 1cc of blood from the finger for immediate analysis with a special apparatus using photometry to check on free radical activity. Oxidative stress condition is an important barometer since it is linked with cancer disease, including tumor promotion and activation of metastatic invasion.
Therefore, manipulation of oxidative stress by an antioxidant therapy decreases oxidative stress load at a normal level, which in return may inhibit several gene activators and stimulate tumor-suppressor genes.

**Medical analysis**

Blood parameters including antigen tumor markers can be done when it is necessary under the responsibility of a medical doctor attached to the clinic and responsible for medical care.

**Genetic tests**

We say that cancer is “cells that don’t want to die” since their natural killer gene known as P53 is usually inhibited. Apoptosis is a natural process used by any cell to commit its own suicide and there is no exception to cancer cells. Chemotherapy damages cancer cells or inhibits DNA replication in such a way that cells activate their own destruction. The bad news is that in all cancers – 40 to 75 per cent of P53 gene is inhibited and sometimes more, such in pancreatic cancer. Therefore, chemotherapy may not be useful and on the contrary may increase metastasis invasion.

Any treatments that may activate the P53 apoptosis pathway also increase the destruction of cancer cells by chemotherapy.
Test of apoptosis inactivation

We provide an opening by doing two blood tests of cancer patients and then send them to a special laboratory.

1. P53 gene expression
2. P53 protein level tests

The results may permit to tailor the adapted treatment with biological compound or phytochemical that activate P53 apoptosis pathway. Some of our exclusive treatments now used in the USA by some doctors actually increase P53 apoptosis and therefore, the destruction of cancer cells.

Important

We do not accept advanced cancer patients in strong debility condition since it can worsen during air travel. However, the first approach that we suggest is some biological compound in order to increase the energy status, boost the immune system and overall strengthen the whole body before the patient travels. In that particular condition you may directly contact us via phone or email to work out the best solution.

The city of Lisbon

The city of Lisbon is becoming one of the most pleasant cities in Europe to visit and enjoy with good weather, seafront restaurants, and popular cabaret shows, such as the famous Casino of Estoril just near Lisbon on the coast with a lovely beach. Sea food is abundant in most restaurants.
According to the patient’s condition, visiting the city can be suggested and organized. We can provide a secretary who speaks fluent English for private visits. Some interest spots one hour from Lisbon include medieval towns surrounded by a stone wall, castles and fantastic monastery.
For more information

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A booklet with 24 cases of cancer under remission available on request.